

This year, for the second time, we are **inviting applications to the Kindness in** Education Awards.

The Kindness in Education Awards aims to celebrate, inspire and encourage projects related to kindness and compassion in schools, colleges and universities.

Each year we celebrate projects/initiatives/activities which:

- Encourage people to be kinder to themselves, to each other and to the planet
- Build a kinder and more compassionate university/college/school
- Have kindness/compassion as a core value or guiding principle
- Are inclusive and enable people to be their full selves
- Have a positive impact on all those involved
- Build well-being physical and/or mental health
- Build bridges help to bring people together in common cause
- Combat Loneliness and build a sense of community
- Build understanding of the importance of kindness and compassion
- Are scalable and could be replicated by other universities/schools/colleges
- Puts people at the heart of decision making/show how difficult decisions have been made with kindness and compassion

## How to enter:

Entries are made via submitting short video (2-3 minutes) which tells the story of your project/initiative. The video can be made using a phone and should be filmed in landscape and ideally should include captions and the institution's logo if possible.

- There is no charge for entries.
- Email your entry to <u>awards@teamkind.org.uk</u> with the subject header AWARDS.

Submissions must be received by Thursday 12<sup>th</sup> October 2023. Judging will be undertaken by the lovely people at #teamkind. Winners will be notified by email on or before the 31<sup>st</sup> October 2023.

This year's awards are kindly sponsored Agar Management Consultancy and by the Halpin Trust.



Winners will be invited to attend the online festival ceremony where awards will be made, and projects and people celebrated.

You'll receive unlimited tickets for you, your organisation, and your friends to join the festival.

We'll celebrate your successes on social media and beyond.

Please get involved and help us to make Kindness in Education contagious by submitting or nominating your favourite kind projects for 2023.

2022 winners

Kindness in Education Award Winners

Universities Rachael O'Connor University of Leeds Rachael, first in family to go to University and now a lecturer in law at the University of Leeds an academic used her personal experiences to inform work on inclusion. Rachael talked about how she battled not to feel out of place in the university and how she had used her personal narrative to support others that feel underrepresented. Rachael created an alternative social space, helping all of those that feel they are underrepresented, regardless of the reason. Rachael demonstrated evidence of how momentum can grow from one person's bravery to create a connection and compassionate community around underrepresentation.

# Wrexham Glyndwr University

Wrexham Glyndwr University presented a bold ambition to end social inequality in North Wales and to embrace EDI at every level. In particular their submission focused on their approach to tackling trauma and adverse childhood experience. Embraced by thew Student Union and part of their Kindness Campaign students had used animation as a visual metaphor for living through trauma – Navigating the Storm

# Falmouth Exeter Plus

Falmouth Exeter Plus submission demonstrated and innovative approach to tackling wellbeing across the shared Falmouth University and University of Exeter Cornwall campuses. Recognising increasing challenges in both student and staff wellbeing over recent years, the partnership approach is a unique one in the sector.

### Aneeza Pervez

Aneeza is a University College London based researcher who has been working with primary schools on developing kindness and emotional sensitivity in childhood. Her research has focused on working with teachers to identify interventions that are successful in promoting kindness. Aneeza went on to produce cue cards for use in schools based on fun, visual and interactive aids to learning. Her work is being used in schools in Pakistan and the UK.

### Colleges

### Gateway team at Abingdon and Witney College

Mollie Leivars, a former student at Abingdon and Witney College submitted personal reflections on using the Gateway Scheme at the college. Really lovely personal attestation about the scheme. Gateway is an initiative for 14–18-year-olds which breaks down barriers of access to education, employment or training. The team had clearly had such a profound impact on Mollie and others.

### Schools

### **RGS The Grange**

RGS The Grange have introduced a multiple initiative kindness and teamwork agenda with a special focus on anti-bullying. Initiatives showcased in their submission included: a kindness club; flourish and fly social skills programme; a kindness bench; the introduction of eco-ambassadors and 'walk and talk with teachers'.

### St Barnabas CofE Primary School

A year 6 project which focused on the refugee crisis. An all-encompassing project looking at kindness and power relations, children sent 61 letters to the Prime Minister asking for a kinder, more compassionate approach from global leaders to the refugee crisis.

International Garden School Malaysia A whole school approach to developing social and emotional skills, encouraging students and staff to be kinder to each other with the objective of fostering compassion, inclusivity, and wellbeing in the school community.